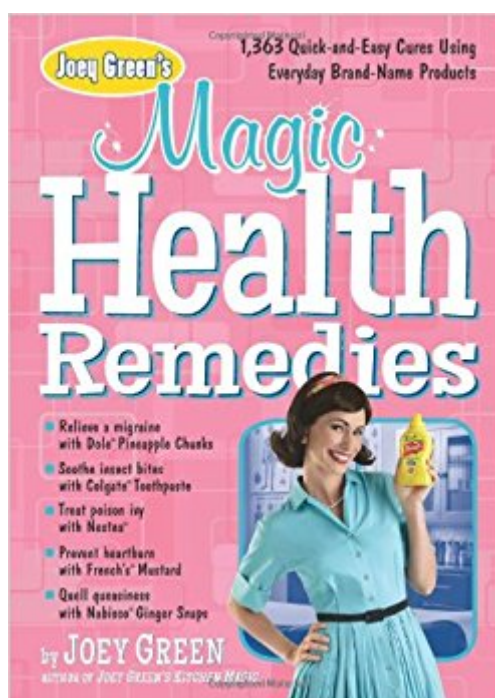


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Joey Green's Magic Health Remedies: 1,363 Quick-and-Easy Cures Using Brand-Name Products



Synopsis

Home remedies remain an appealing alternative to costly doctor visits—because they're effective, inexpensive, and ideal for everyday illnesses and injuries that don't require hands-on medical care. When brand-name product guru Joey Green tackles a subject like home remedies, readers can be found reaching into their closets, cupboards, and pantries for their favorite products to cure what ails them. From relieving a migraine with Dole® Pineapple Chunks, treating stinky feet with Clearasil®, and soothing an insect bite with Colgate® Toothpaste, Joey Green's Magic Health Remedies is packed with reliable, user-friendly cures for everything from acne and calluses to morning sickness and toothaches—over 121 conditions in all. Joey divulges that many products have special, never-before-revealed qualities not found on the label and, with a little ingenuity, can be used to treat minor health issues and conditions. There's compelling evidence for experimenting with off-label uses—like when hay fever strikes, a little McCormick® Ground Turmeric in a glass of water brings relief in 15 minutes; the bioflavonoids in the spice are antioxidants that suppress histamine production. Who knew? Well, Joey knows and now he's bringing fast relief (and lots of fun) to health care at home!

Book Information

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Customer Reviews

JOEY GREEN has written 50 books. He's a former contributing editor to National Lampoon and a former advertising copywriter. He appears regularly on news and entertainment television programs and at home and garden shows across the country. He lives in Los Angeles.

Author of 50 books, Joey Green delivers another extremely useful, helpful guide for home remedies, as an alternative to expensive doctor visits. The author has appeared on TV programs, and home-and-garden shows across the country, and I've followed his footsteps for years. I have purchased this book for a few reasons, I want my daughter to have it in her home, and I have purchased 2 books in the past from Joey Green, which I've used as an excellent reference. I have used his 'Amazing Pet Cures' book to save money on needless trips to the vet. Also, I have used his 'Cleaning Magic' book, which saved me a great deal of money. Thus far, I have not been disappointed with those 2 books. In addition, I have worked in clinics and hospital emergency rooms in the past 30 years, and can witness countless times that the patient could have saved costly doctor bills. This guide is effective, safe, and reliable. Joey Green includes several conditions and ailments with home remedies, by using brand name products. The author shares helpful tips on the benefits of spices, and much more. Included in this guide is how to take care of a hay-fever, insect bites, toothaches, acne and many more health conditions that do not require visits to doctors and emergency rooms. Joey Green gives helpful advice from calluses to stinky feet, while highlighting illnesses and injuries that don't require hands-on medical care in a clinic, or doctor's office. He includes favorite products for migraines, and several minor health issues and conditions. There are 1,363 quick cures, using brand name products. These home remedies are ideal as we reach into our pantries and closets, rather than our pockets for increased medical costs. In today's challenging economy, no home should be without this useful guide. Appealing, inexpensive, and very helpful. Highly recommended!

This book discusses methods to achieve good health without the use of the high priced prescription drug alternatives. While it is always advisable to consult with a doctor before taking on some ailments, this book walks you through ways to not only relieve some problems, but to also avoid complications which may arise as a result of not being healthy.

Very helpful. Everyone should have a copy of this book at home. Thank you

this comes in sooo handy when you don't want to take medicines because there's so many side-effects. it's handy for all occasions.

This is a wonderful reference book. Some of the remedies are quite surprising. I was having a

problem with a certain type of yeast infection that would not clear up with pharmaceutical remedies. I used yogurt as outlined in this book and it worked! There is wonderful knowledge within the pages of this book.

Much repetition that seems too much like filler. Some gems present that make the purchase worthwhile but the compilation could have been done better (I think). Not a book to sit down and read - reference only.

Interesting and helpful information. Worth buying!

I've used this so many times, it's a bit dog-eared already. Beware of loaning it out, no one wants to return it.

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